



Ulster Immigrant Defense Network
 Red de Defensa de Inmigrantes de Ulster
Because We All Belong

HEADLINES GOT YOU CONCERNED? **WANNA LEND A HAND?**

Your time, experience, and skills are valuable. Read on to see if something here strikes a chord. For more details on the ideas below or if you have something in mind but don't see it here, email uidn@ulsterimmigrantdefensenetwork.org

WELCOME NEWCOMERS & HELP MEET BASIC NEEDS

- **Tutor.** Help people learn English. Training provided.
- **Drive** individuals or families to their important weekday appointments.
- **Be a companion.** Assist with community integration by helping with daily tasks, such as shopping, transportation, bill paying, and accessing recreational activities.
- **Help at UIDN's Kingston food pantry** in three-hour shifts on Wednesdays, assisting immigrant families and connecting them with community resources.

STAND UP FOR WHAT'S RIGHT

- Join our **Know Your Rights** sessions for allies and immigrants in English & Spanish.
- Work with **Ulster Rapid Response** to respond to ICE. Email Ulster4immigrants_hotline@gmail.com for more information.
- Spread the word by "tabling" at local events. Feel free to suggest places where we should be seen.

SHARE SPECIAL SKILLS

- **Bilingual, English < > Spanish?** Volunteer to interpret at UIDN's legal clinics, or translate materials.
- **Fundraising, campaign development, or event planning experience?** Tell us about it and describe how you'd like to help.
- **Graphic design, research, and office skills** are all invaluable.
- **Legal training**, even if immigration is not your area. If you're willing to learn and committed to helping the immigrant community, let's talk!



<https://ulsterimmigrantdefensenetwork.org/>

IF YOU ARE READY TO
 VOLUNTEER, SCAN QR CODE TO
 FILL OUT UIDN VOLUNTEER
 INTEREST FORM >>>>>

